

Be nice to Brain. Drink less.

Cutting back on alcohol
can improve your mental
health and wellbeing.

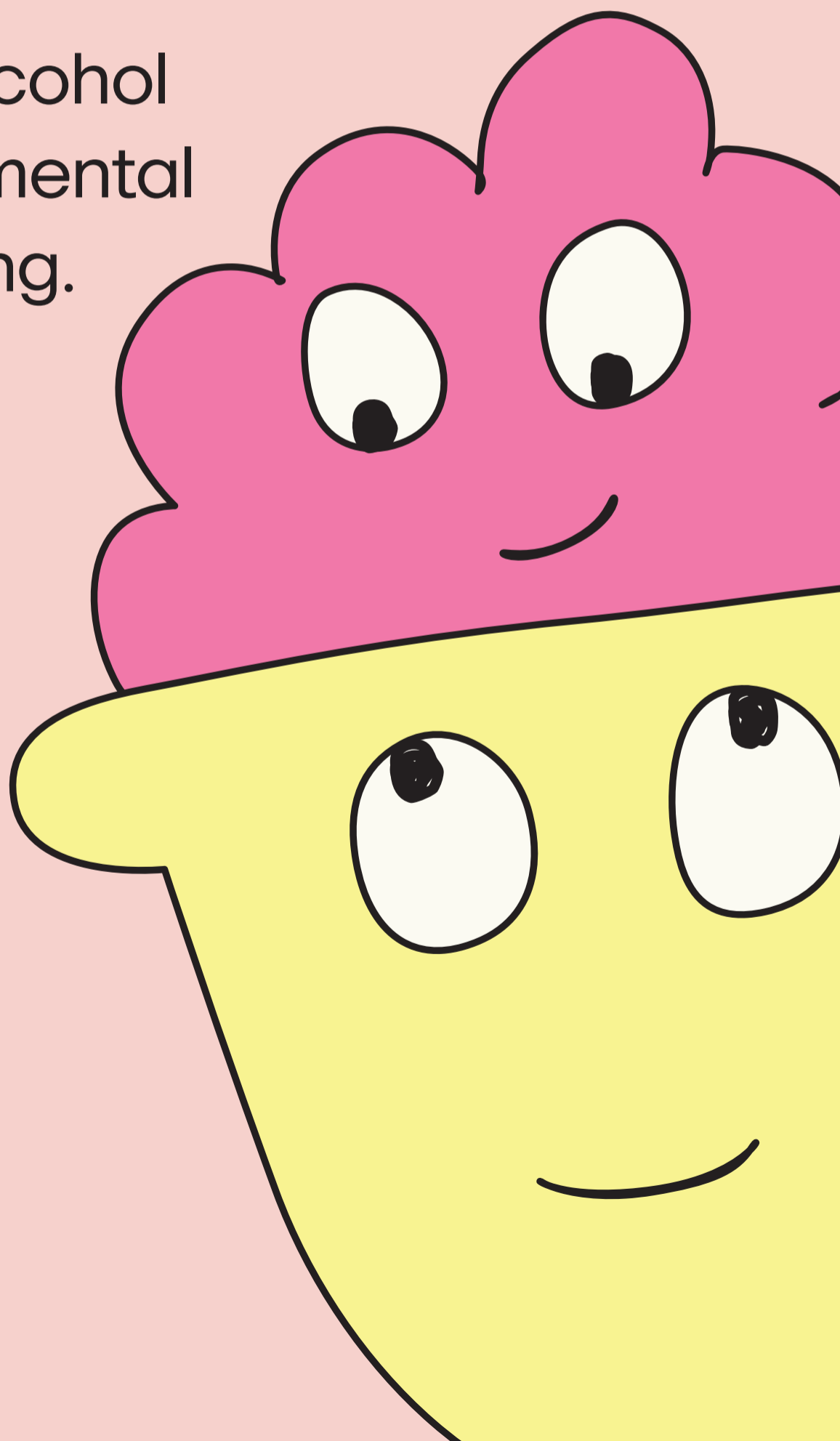
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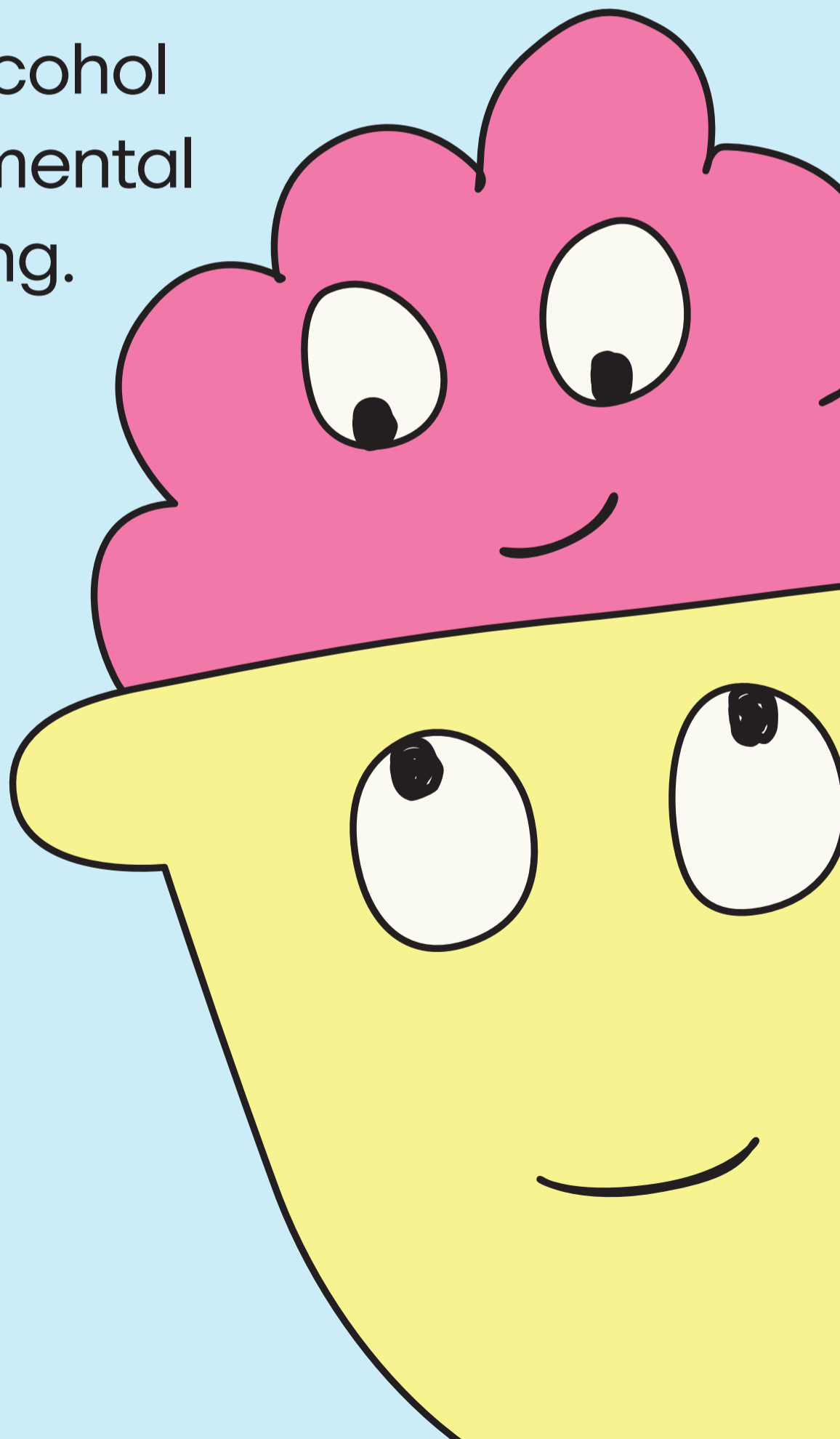
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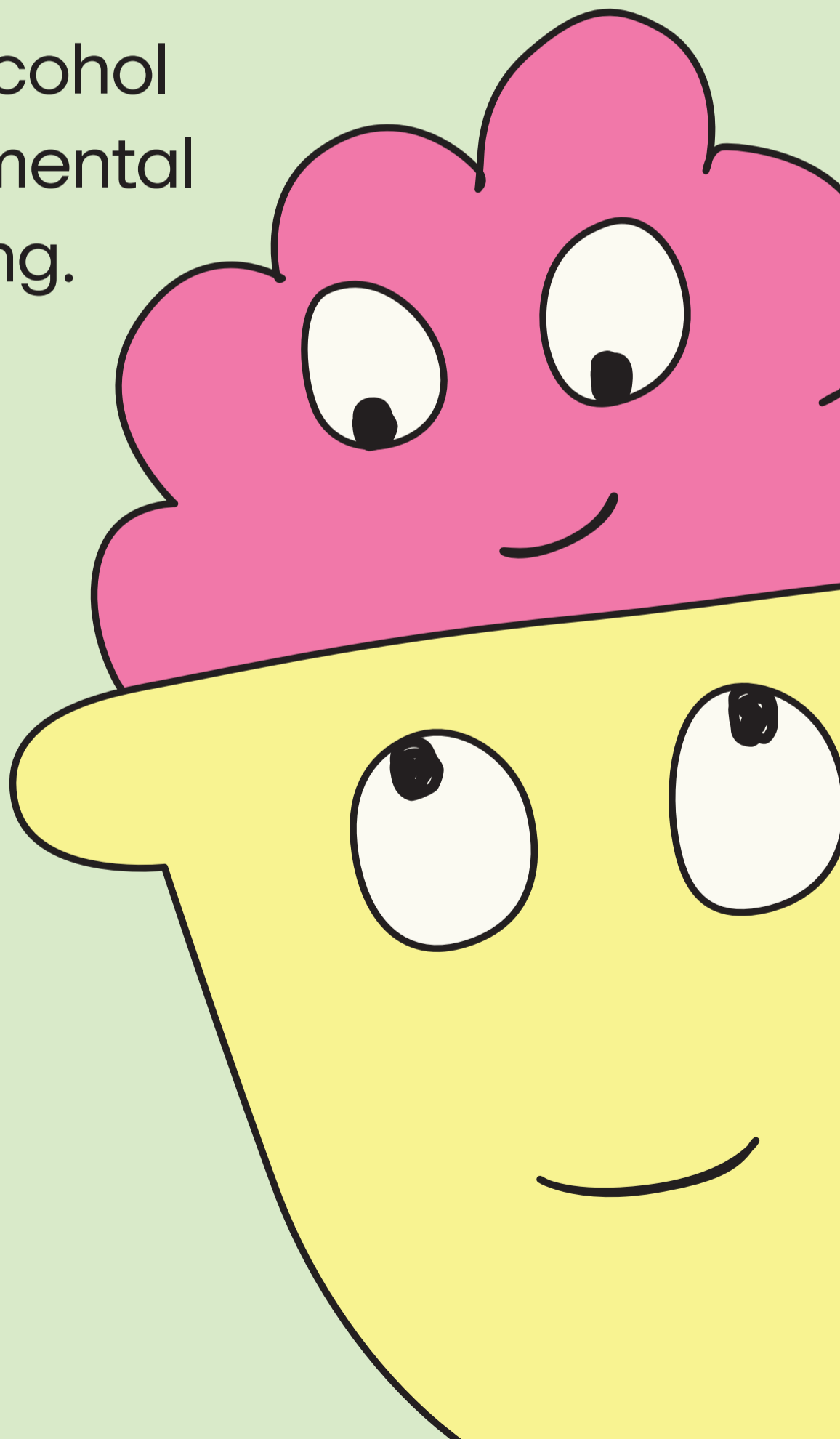
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